

## National Grid makes “Over 50’s Day” go with a boom

Special day helps more than 220 people lead a “fuller life”

23 Sep 2015

- **Archery and climbing are big hits on sun-filled day of fun**
- **Baby boomers book-in for a check-up plus some beauty tips**

More than 220 people aged over 50 – helped by National Grid volunteers - joined in a fun-filled day to discover how to get the most out of life.

With people living far longer, National Grid supported Age UK and the Green Towers Club in holding a special “Over 50’s Day” on Friday (18 September) at the Green Towers Club in Hinckley, Leicestershire. It attracted people aged from 50 to 85.

The weather was perfect for those ambitious over-50’s to go wall climbing, practise archery or even fool around as clowns.

And, inside the hall there were a score of activities to entertain all needs; folk dancing, a vintage tea dance, singing, Tai Chi, flower arranging and drawing lessons.


One big attraction was the health clinic where lots of people had their blood pressure and cholesterol levels checked by a medical team.

And there was a rush for nail manicures and foot massages

Tanya Hutchinson, National Grid organiser, said: “The sunny weather set the tone – it was a wonderful day with so much fun and laughter. National Grid is delighted to be part of such an energising day and once again be supporting the local community. And all our volunteers did an excellent job in helping and co-ordinating events.”

The special day also included a raft of learning opportunities, with talks about the nearby Battle of Bosworth – where Richard III was killed in 1485. Also, the role of the Leicestershire Regiment in World War 1.

There was also a talk on Asian Culture and crafts and a Bhangra dance show.

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Notes for editors

#### Notes to Editors:

National Grid is pivotal to the energy systems in the UK and the north eastern United States. We aim to serve customers well and efficiently, supporting the communities in which we operate and making possible the energy systems of the future.

#### National Grid in the UK:

- We own and operate the electricity transmission network in England and Wales, with day-to-day responsibility for balancing supply and demand. We also operate, but do not own, the Scottish networks. Our networks comprise approximately 7,200 kilometres (4,474 miles) of overhead line, 1,500 kilometres (932 miles) of underground cable and 342 substations.
- We own and operate the gas National Transmission System in Great Britain, with day-to-day responsibility for balancing supply and demand. Our network comprises approximately 7,660 kilometres (4,760 miles) of high-pressure pipe and 618 above-ground installations.
- As Great Britain's System Operator (SO) we make sure gas and electricity is transported safely and efficiently from where it is produced to where it is consumed. From April 2019, Electricity System Operator (ESO) is a new standalone business within National Grid, legally separate from all other parts of the National Grid Group. This will provide the right environment to deliver a balanced and impartial ESO that can realise real benefits for consumers as we transition to a more decentralised, decarbonised electricity system.
- Other UK activities mainly relate to businesses operating in competitive markets outside of our core regulated businesses; including interconnectors, gas metering activities and a liquefied natural gas (LNG) importation terminal – all of which are now part of National Grid Ventures. National Grid Property is responsible for the management, clean-up and disposal of surplus sites in the UK. Most of these are former gas works.

Find out more about the energy challenge and how National Grid is helping find solutions to some of the challenges we face at <https://www.nationalgrid.com/group/news>

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